Zechariah 8:19

(19) Thus said the LORD of Hosts: The fast of the fourth month, the fast of the fifth month, the fast of the seventh month, and the fast of the tenth month shall become occasions for joy and gladness, happy festivals for the House of Judah; but you must love honesty and integrity.

Rosh Hashanah 18b

R. Hanah b. Bizna has said in the name of R. Simeon the Saint: ‘What is the meaning of the verse, Thus had said the Lord of Hosts: The fast of the fourth month and the fast of the fifth and the fast of the seventh and the fast of the tenth shall be to the house of Judah joy and gladness? The prophet calls these days both days of fasting and days of joy, signifying that when there is peace they shall be for joy and gladness, but if there is not peace they shall be fast days!’ — R. Papa
Replied: What it means is this: When there is peace they shall be for joy and gladness; if there is persecution, they shall be fast days; if there is no persecution but yet not peace, then those who desire may fast and those who desire need not fast. If that is the case, the ninth of Ab also [should be optional]? R. Papa replied: The ninth of Ab is in a different category, because several misfortunes happened on it, as a Master has said: On the ninth of Ab the Temple was destroyed both the first time and the second time, and Bethar was captured and the city [Jerusalem] was ploughed.
(6) Five events befell out ancestors on the seventeenth of Tamuz and five on the Ninth of Av. On the seventeenth of Tamuz, the Tablets were broken, the Tamid offering was ended, the city walls were breached, Apaustamous burned the Torah, an idol was placed in the temple courtyard.